LIFE

Anti-aging clinic in Orillia has the latest technology for skin care

Blade Tiessen provides training for doctors around the world

The Mirror

By **Gisele Winton Sarvis** Midland Mirror
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Midland natives Blade Tiessen, left, and Ben Tiessen, owners of the Anti-Aging Clinic in Orillia, are at the forefront of non-surgical anti-aging and fat-reduction treatments using the latest technologies. – Gisele Winton Sarvis/Metroland

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Ben Tiessen and Blade (Downer) Tiessen, co-owners of the Anti-Aging Clinic and Dispensary Inc., "Orillia's Fountain of Youth" both grew up in Midland — but they didn't know each other.

Ben, 48, attended Midland Secondary School now Georgian Bay District Secondary School. Blade, 47, attended St. Theresa's Catholic High School.

"We knew the same people, but we never ran into each other," said Ben. Ben even worked at the Boatworks restaurant next to Blade's family's business, Downer's Yacht Haven at the foot of King Street.

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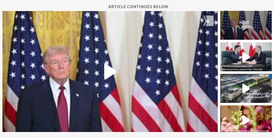

The owners of the Anti-Aging Clinic met as adults returning home.

Blade was already established in the business of medical esthetics practicing in Yorkville in Toronto. He teaches internationally, including teaching the doctors famous for working on celebrities like Sean Combs (formerly known as Puff Daddy), the Kardashians and even Michael Jackson.

The couple met while Blade was visiting his family one weekend with an introduction from a childhood friend and have been together for 20 years; they were married in 2006. In December of 2000, they opened the Orillia clinic offering medical esthetics, specializing in non-surgical procedures to improve the look of skin and reduce fat.

Blade is a para-medical esthetician and phlebotomist specializing in facial anti-aging and skin correcting procedures while Ben is a medical esthetician specializing in body contouring. He is also the clinics co-ordinator. The clinic also employs Dr. A.J, a cosmetic physician who specializes in PRP, Botox, Juvederm and other cosmetic procedures.

The Tiessens run their clinic like a boutique.

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"We are small but very private and personable, many people in the community don't even know we are here as we rarely advertise" said Ben.

Whereas many medical esthetic clinics or spas offer treatments from a single laser, the Anti-Aging Clinic has several technologies offering over 15 modalities in addition to other medical equipment. All the machinery is approved by Health Canada.

"We are considered one of the most equipped clinics in southern Ontario," said Ben.

Some newer equipment includes Scarlet Micro-Needle RF and JetPeel for facial rejuvenation as well as the Beauty Angel. It's a machine that people stand in for a 12-minute ($35) treatment of red light therapy, infrared heat and a vibrating foot pad to stimulate the muscles.

"The machine combines red-light therapy for collagen production and mixes it with muscle toning and infrared light for fat burning," said Blade.

Facial treatments at the clinic run from $80 to more than $1,000. For fat reduction alone, they offer at least six treatments.

"We've created this entire environment to facilitate a full head-to-toe anti-aging approach which many clinics don't have," Blade said.

"Everything is combination therapy, when we have this much technology, we can layer them and get better results," said Ben.

Blade has also created his own line of skin care products as well as a patent-pending PRP (platelet rich plasma) for facial rejuvenation.

Blade has patients coming to the Orillia clinic from the U.S. for the treatments as well as doctors for training of his exclusive protocols.

For more information, visit the clinic's website at www.antiagingclinic.biz.

Editor's Note: Corrections were made to this story on Oct. 22. The Mirror regrets the errors.

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Gisele Winton Sarvis *was a reporter for The Mirror and Simcoe.com from 2018 to 2020.*

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