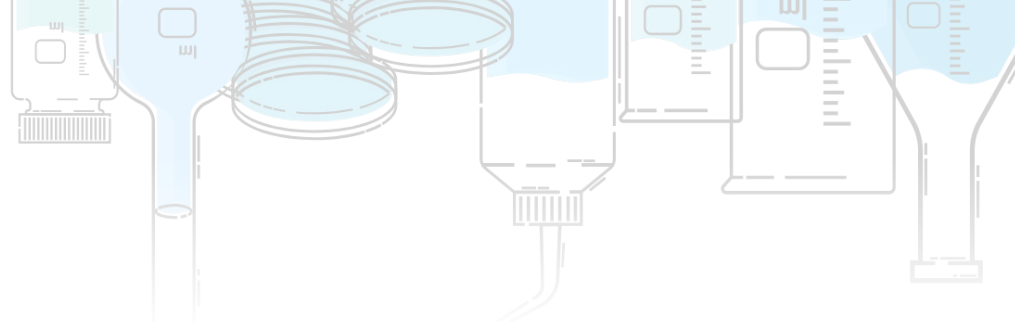




## COVER STORY

# BLADE TIESSEN

Transforming Aesthetic Medicine with  
Science, Compassion, and Integrity

Owner & Co-Founder | Anti- Aging Clinic & Dispensary Inc.

In an age where people are living longer, working harder, and expecting more from their health and appearance, the idea of “aging well” has moved far beyond vanity. It is now about confidence, vitality, and the freedom to keep showing up fully in life. At the intersection of science, artistry, and compassionate care, modern aesthetic medicine is giving individuals new ways to protect, restore, and celebrate their best selves at every stage of life.

Standing at the forefront of this evolution is **Blade Tieszen, owner and co-founder of Anti- Aging Clinic & Dispensary Inc. in Orillia, Ontario.** A pioneering medical aesthetician and electro-surgeon with four decades of experience, he is recognized as one of Canada’s leading experts in non-surgical anti-aging, energy-based technologies, and advanced micro-needling techniques, and has trained doctors and clinics across North America while earning national and international accolades for his clinic’s results and innovation.







# Blade Tiessen

Owner and Co-founder



Anti-Aging Clinic & Dispensary Inc.



[www.bladetiessen.antiagingclinic.biz](http://www.bladetiessen.antiagingclinic.biz)



## Leading the Way in Non-Surgical Aesthetic Care

Tiessen's journey in healthcare and wellness spans 41 years, starting in the mid-1980s. He has gained deep experience across every aspect of the industry through extensive training in all its areas.

In the year 2000 Blade left Toronto for northern Ontario, where no advanced medical aesthetics clinics existed. After practicing medical aesthetics in the city for a decade, he spotted an opportunity and opened his anti-aging clinic. This year marks the 26th anniversary of Anti-Aging Clinic & Dispensary Inc., the first of its kind in Orillia, sparking six to eight similar clinics since then in this small community. His initial drive stemmed from a personal need, as non-surgical options for maintaining appearance were unavailable locally. A vegan who avoids surgery and injections, he has long championed regenerative medicine, well ahead of its rise in popularity. The clinic began with micro-current treatments, added LED therapy and collagen stimulation devices, and now features cutting-edge options like Sofwave®, Sylfirm X®, radio frequency micro-needling, and ultrasound therapies.

Tiessen has steadily expanded the clinic's technologies, choosing only the most effective innovations. Aesthetics has been his sole profession since high school, with no work outside the field or shifts from nursing or other careers. This industry remains his lifelong passion and focus.

## Overcoming Challenges and Staying True to His Values

Staffing remains Tiessen's greatest challenge. Finding skilled, loyal professionals who perform procedures well, retain patients, and ensure their comfort proves difficult, as truly talented individuals in this field are rare.

Competition has never troubled Tiessen, particularly in his community. With the longest career and as the first to open a clinic there, he brings more experience and training than most competitors combined.

He avoids viewing competition traditionally. Everyone has strengths and weaknesses, and not every client suits his practice—whether due to mismatched personalities or requests for treatments he does not endorse. In such cases, he refers them to competitors without hesitation.

Tiessen focuses on personal growth and refining his practice rather than fretting over rivals. This approach has proven essential to his success.





COVER STORY

Anti-Aging Clinic & Dispensary Inc.’s Growth and Technology Advances

Staff expanded from 2 to 5

Clinic size grew from 800 sq ft to 3,500 sq ft

Devices increased from 1 to 44

Many devices valued near \$100,000 each

Bringing AI Innovation to Anti-Aging Care

Anti-Aging Clinic & Dispensary Inc. uses various innovative technologies to lift the face and stimulate biological functions. Tiessen is partnering with an American company on a business app set to launch soon. This app employs advanced artificial intelligence to help users choose suitable treatments and products.

The app provides online sales, appointment booking, and personalized recommendations as a fully automated platform. It shows the promising path ahead for the industry and will soon improve patient and customer experiences.



Choosing Caution Over Beauty Trends

Tiessen approaches other methods and medications beyond Botox with caution. He avoids many biologics on the market, such as PDRN or salmon sperm facials, which he views as unnecessary.

He values certain plant-based exosomes, though he considers human-derived ones more effective. Personally, he steers clear of human or animal-based products. Many beauty trends arise hastily without solid research, often proving unhelpful later.

The industry frequently releases treatments with little due diligence. For example, tanning beds dominated when Tiessen began, but their harm is now clear. This history strengthens his commitment to thorough evaluation before adopting new options.

Privacy and Respect at the Heart of Care

Anti-Aging Clinic & Dispensary Inc. serves primarily older clients and prioritizes patient privacy. Unlike many industry peers who post client photos on social media for marketing, the clinic never shares such images. Patient confidentiality stands as a core value.

The clinic's natural, non-surgical procedures produce subtle, natural results, with an emphasis on personalized care. A calm environment with limited clients at any time avoids crowded waiting areas. This creates a discreet, personal medical space that honours patients' time, privacy, and the highest care standards.

Focused on Healing, Not Quick Fixes

Anti-Aging Clinic & Dispensary Inc. stands out because it avoids chasing industry fads. Unlike many clinics centered on Botox and injectables, Tiessen takes a different path. As a vegan, he carefully considers what enters his body and what he offers his patients, relying on long-term research and data to stimulate the body's natural functions for aging, fat reduction, and other issues before using medications.

While the clinic offers injectables as the area's first and longest provider, they remain secondary. Its core emphasis stays on non-surgical, non-invasive treatments that foster natural regeneration and wellness. This philosophy sets the clinic apart in the healthcare and anti-aging field.





A Legacy of Awards and Excellence

Since 2019, Anti-Aging Clinic & Dispensary Inc. has earned numerous accolades, including 49 Readers’ Choice Awards, three Chamber of Commerce Awards, and four Corporate Vision Awards. These include Best Botox Clinic of Ontario in 2024 and 2025, as well as Best Med Spa of Ontario in 2025 and most recently Best Aesthetics Clinic 2026 - Ontario.

The clinic also received recognition for its commitment to organic and vegan practices. Blade Tiessen was inducted into Marquis Who’s Who and named Man of the Year by the Top 100 Registry. In 2023, the clinic was honoured as a Sofwave® Centre of Excellence, one of only ten such awards across Canada.

Global Partnerships Driving Innovation

Tiessen has collaborated with several South Korean companies, including teaching for Scarlet Micro-needle RF across North America for about five years and a Korean exosome firm.

Currently, he works with a US associate on a new device to be manufactured in Asia. Recent US tariffs have slowed progress, prompting a temporary pause to explore options like Canadian production. Despite the delay, Tiessen remains committed to launching this innovative device.

Real Stories of Rejuvenation and Confidence

Tiessen receives numerous testimonials, especially from women past menopause, who often share remarkable experiences of rejuvenation. Many clients are frequently

mistaken for their husbands’ daughters rather than their wives, a testament to the clinic’s transformative results. It is also common for clients to be told that they look better after ten years of treatment than they did before starting with the clinic, a positive feedback Tiessen hears almost daily.

While women have traditionally made up the majority of the clinic’s clients, there is a growing interest among men in recent years. This shift reflects a broader trend in the beauty industry, where male-targeted products have quadrupled, showing a significant rise in marketing and demand for treatments aimed at men. This evolving gender dynamic highlights the clinic’s expanding reach and relevance in the anti-aging industry.

A Vision for Natural, Ethical Anti-Aging

Tiessen hopes to see the industry move toward a more natural and respectful approach to healthcare and wellness—one that relies less on medications and more on supporting the body’s own healing abilities. This transformation has already begun, with a noticeable shift away from cosmetic injectables such as neromodulators and fillers toward natural treatments like PRP therapy and other regenerative procedures.

He is also a strong advocate for eliminating animal-based products and ending animal testing, particularly within the medical field. Tiessen believes the industry must embrace more cruelty-free and sustainable practices. Although positive progress is being made, there remains significant work ahead. He envisions the future of healthcare and anti-aging being defined by natural regeneration, ethical practices, and sustainable innovation.

Leading with Expertise and Compassion

With more than four decades of experience, Tiessen’s leadership style is built on deep industry expertise and a strong belief in giving back to the community. He has shared his knowledge of micro-needling across North America and internationally, including in Amsterdam, helping shape the

advancement of the field. In addition, he serves on local college boards and offers private training sessions, while also holding the position of executive trainer for ElaSpa® skincare and ElaProMed®.

Tiessen leads with strong ethical values that include promoting animal rights, supporting vegan principles, and upholding the highest standards of professionalism and patient care. He focuses on training his team to engage with patients respectfully, addressing their needs with understanding and professionalism. This philosophy continues to steer both his team and organization toward excellence, integrity, and compassion.

A Commitment to Natural Skincare Values

Looking ahead, Tiessen expresses concern about the increasing influence of pharmaceutical companies in the skincare industry, which is gradually overshadowing the natural market. As a dedicated skin therapist, his goal is to leave a lasting legacy that promotes natural, ethical, and holistic approaches to health and wellness, while preserving the integrity and original purpose of the natural skincare field.





Open Letter to Aspiring  
Healthcare Professionals and Leaders

Dear Future Healthcare Professionals,

As someone who has spent years in this field, my advice to those entering the world of aesthetics is simple: commit to lifelong learning. Aesthetics is an ever-evolving profession that demands continuous education and a true passion for knowledge. You cannot simply graduate and consider your learning complete—the industry is changing too quickly for that.

Avoid shortcuts and always seek the best education you can find. Too often, people take abbreviated paths due to limited licensing or training opportunities. However, the more knowledge you gain, the more competent and confident you will become. For instance, while nurses may take short courses in aesthetics, I encourage anyone serious about excelling in this field to complete a comprehensive aesthetics program rather than relying solely on training provided by product distributors.

Building a strong foundation through proper education and mentorships will serve you throughout your career. Be willing to invest your free time in online webinars, professional conferences, and continuing education. Staying informed not only sharpens your skills but also ensures that every patient you treat receives the highest level of care.

Sincerely,  
**Blade Tiessen,**  
Owner and Co-founder Anti-Aging Clinic &  
Dispensary Inc.



5 Key Takeaways from  
*Blade Tiessen's*  
Inspiring Impact in Aesthetic Medicine



1. A Pioneer in Natural Anti-Aging

Blade Tiessen has spent over 40 years leading the shift toward natural, non-surgical, and regenerative aesthetic treatments.

2. Values Over Trends

He prioritizes ethical, science-backed care and refuses to follow cosmetic fads or unproven treatments.

3. A Clinic Built on Integrity

His clinic has grown significantly in size, technology, and reputation—while staying committed to patient privacy and respectful care.

4. Innovation Through Technology

Tiessen continues to modernize the field through AI-driven tools, advanced devices, and global partnerships.

5. A Legacy of Education & Compassion

He trains professionals worldwide and encourages future leaders to commit to continuous learning, ethical practice, and natural wellness.